

# Packing list

Here is a list of suggested items to bring with you on any Oxford Spires programme. They are suggestions – you may not need everything listed, and you may need additional items (for example if you wear contact lenses or glasses).

## Clothes

Pack what you will need for one week, after which time we will help you do your laundry. Remember: English weather can be unpredictable!

- Trainers and sandals
- Shorts
- Jeans/trousers
- Underwear
- Socks
- Pyjamas
- T-shirts
- Jumper or hoodie
- Clothes for sport
- Hat and/or sunglasses
- Waterproof jacket
- Umbrella
- Smart clothes for disco

## Toiletries

- Toothbrush and toothpaste
- Deodorant
- Shower gel or soap
- Shampoo and conditioner
- Brush/comb
- Sun cream
- Sanitary products
- Towels *\*important! These are NOT provided at residential centres! Towels ARE provided in homestay accommodation.*

## Money

- Weekly pocket money (we recommend approximately £50 per week for shopping, souvenirs, and snacks)
- Laundry: £3 per wash and £2 per dry

## Other

- Passports, travel tickets, and consent to travel form
- Chargers and cables
- International plug adapter
- Small rucksack/bag for excursion days
- Reusable water bottle
- Medicine you regularly take

## What NOT to bring

- Bedding (sheets, pillows, etc.)
- Expensive electronics/jewellery, etc.
- Kitchen appliances (kettle, iron, rice cooker, etc.)

*You may bring small electrical appliances such as a hair dryer, but these must be used safely, and must be switched off when you are not in your room.*



## Any questions?

See our FAQ at [www.oxfordspires.education](http://www.oxfordspires.education) or email [info@oxfordspires.education](mailto:info@oxfordspires.education)

